

Environmental Guidelines

Parts of the Bangor Trail pass through private property. Please leave gates as you find them and be respectful of private land. Keep dogs on a lead and clean up after them. Don't leave any litter behind. Please don't pick the flowers, some are quite rare. Take only photos and leave only footprints.

Note: This leaflet is only a rough guide to the walk and should not be the only source of information used for planning and completing the trail.

(Photography by Rosemarie McDonald and Phelim Doran)



For further information contact:

**Ballycroy National Park Visitor Centre,
Ballycroy Village,
Westport,
Co. Mayo**

(Open March - September)

Tel: 098 49888

The Bangor Trail

Free Information Leaflet

A Walk Through the Nephin Beg Mountains and Ballycroy National Park



**Ballycroy National
Park Visitor Centre**

